

ALL STAR ACADEMY

Personal & Group Training Sessions

Designed and implemented by Pat Burgess (B. S. in Exercise & Sports Studies) these speed and strength training sessions are ideal for any baseball or softball player looking for an edge on the competition. By personalizing each program and changing the intensity and make-up on a monthly basis, we can ensure that a "Burn out" or plateau effect doesn't occur leading to more overall strength gains.

PACKAGE TYPES & SIZES: *Please choose one or more*

INDIVIDUAL SESSIONS

___ 1 Session	\$55
___ 4 PACK	\$200
___ 8 PACK	\$360
___ 12 PACK	\$480

GROUP SESSIONS

___ 1 Session	\$40
___ 4 PACK	\$180
___ 8 PACK	\$240
___ 12 PACK	\$300

*Each training session is 1 hour in length
Group sessions are between 2 & 6 athletes*

NAME _____ DOB _____

ADDRESS _____

CITY _____ ZIP CODE _____

PHONE# _____ EMAIL _____

CC# _____ exp _____

Type: MC ___ Visa ___ Other _____

Name on card/Signature _____ / _____

CANCELATION POLICY: Payment must be received before registration is complete. Clinic fees include a \$50 nonrefundable deposit. To receive a refund (minus the \$50 nonrefundable deposit), you must provide a written request at least one week prior to the start of a session. Any cancellation made less than one week before the start of a session will result in a forfeiture of all monies paid.

Hours of Operation:

Mon-Fri 12-8pm
Sat 10am-6pm
Sun 10am-6am

www.asabaseball.com



Facility Address:

2901 Mead Avenue
Santa Clara, CA 95051
(650) 961-2255 Fax: (408) 748-1025

FOR OFFICE USE ONLY

___ PAID ___ SCHEDULED ___ IN POS

Employee Signature: _____