

# ALL STAR ACADEMY PITCHING PROGRAM

Developed with the guidance of Fred Breining, former MLB pitcher with the San Francisco Giants, ASA has designed a program that will be the most effective and safe in the bay area. As the Director of pitching; Jeff Martin has used the new and improved methodology as the backbone for training all ASA instructors. All lessons in the ASAP Program progress from mechanics and arm care to specialty pitches and game strategies. Knowing not only how to throw it, but when to throw it, makes a good pitcher great.

## Program Highlights:

- ◆ A “PROFESSIONAL” approach that incorporates a simplified method which is proven and repeatable.
- ◆ Throwing mechanics that are designed to maximize arm safety and pitch accuracy.
- ◆ Monthly written evaluations on the athlete’s progress.
- ◆ Bi-monthly video analysis of the athlete’s mechanics.
- ◆ Packet that includes information on arm strengthening, arm care, mental approach, and game strategies.
- ◆ Specialty pitches which come from grip changes not from changing throwing mechanics.



## Package Size:

\_\_\_\_\_ **6 Month Package: (12 one-hour lessons)**  
**team/facility members \$900**                      **non-members \$1000**

**NAME** \_\_\_\_\_ **AGE** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_

**CITY** \_\_\_\_\_ **ZIP CODE** \_\_\_\_\_

**PHONE #** \_\_\_\_\_ **or** \_\_\_\_\_ **EMAIL** \_\_\_\_\_

**Payment Type:** **Cash**    **Check**    **Credit: visa / mc**  
**CC #** \_\_\_\_\_ **Exp** \_\_\_ / \_\_\_

**Cancellation Policy:** Payment must be received before registration is complete. Lesson fees include a \$50 nonrefundable deposit. To receive a full refund (minus deposit) you must provide a written request at least one week prior to the start of a package. Any cancellation made less than one week before the start of a package will result in a forfeiture of all monies paid.

**Hours of Operation:**  
Mon-Fri                      12:00-8:00  
Sat                              9:00-6:00  
Sun                              10:00-6:00

**Website**  
[www.asabaseball.com](http://www.asabaseball.com)

**Facility Address:**  
2901 Mead Avenue,  
Santa Clara, CA 95051  
(650) 961-2255 fax: (408) 748-1025



### FOR OFFICE USE ONLY

\_\_\_ PAID    \_\_\_ SCHEDULED    \_\_\_ IN POS

Employee Signature: \_\_\_\_\_